

Family Home Evening Lesson Emergency Preparedness

Purpose: To prepare an emergency escape route.

Supplies: Paper, Watch with second hand
Pencils, crayons, markers, stencils, stickers

Opening Prayer

Song: Here We Are Together pg. 261 Children's Songbook

Activity: It is always a good idea to be prepared for anything that may happen. Can you think of some reasons why we would have to leave our homes quickly? (Keep this light-hearted.)

Prepare an evacuation plan for your family. Evacuation means to leave quickly. Take the piece of paper and draw a sketch of your home. Include all the major rooms and exits in the picture. To involve the children, let them decorate their rooms in the picture with crayons, stickers, stencils, etc.

Once the map is complete, show the children the quickest way out. Discuss escape routes from various rooms in the house, and emphasize the escape routes from their rooms.

Decide on a place outside where the family will gather. Select a safe gathering area, preferably a place that does not require crossing a street.

Practice some of the escape routes and meet at the gathering place. As an added challenge, you might time yourselves to see how long it takes, then try to beat that time at your next attempt.

Heavenly Father has counseled: "If ye are prepared ye shall not fear." (D&C 38:30) Now is the time to prepare.

Challenge: Review and practice the escape routes every three months.

Closing Prayer